

**SYNCHROMIND**  
THE LEADERSHIP DEVELOPMENT COMPANY



# TRAIN YOUR MIND

SUCCESS ALIGNS  
WITH THE QUALITY  
OF YOUR THOUGHTS.

LEARN THE THREE KEYS  
TO CREATING A MIRACLE  
MINDSET SO YOU CAN ENJOY  
MORE FLOW, EASE, AND  
SYNCHRONISTIC SUCCESS!



ADVANCED MIND-TRAINING FOR  
CEO'S, EXECUTIVES  
& ONLINE BUSINESS OWNERS



## INTRODUCTION

### DID YOU KNOW YOUR MIND IS THINKING THOUGHTS YOU'RE NOT AWARE OF?

Everything that has ever happened to you is stored in your subconscious mind as data. Your mind uses this subconscious data in an attempt to keep you safe on a daily basis. This information is *the proof your mind needs* to convince you that certain things aren't practical, worthwhile, or achievable.

If you're trying to attain a *new level of success*, your mind may not have the proof it needs (from past memories or thoughts) to believe that your new path is possible. Behind the scenes, in your subconscious, your mind starts to loop (like a stuck record) with past data that feels like insecurity, embarrassment, frustration, or despair. These insecure thoughts end up holding you back. They keep you distracted from noticing all the synchronicities and miracles available to you *right now*.

**INSECURE THINKING HAPPENS TO PEOPLE AT EVERY LEVEL OF SUCCESS--FROM C-SUITE CEO'S, TO POLITICIANS, TO CORPORATE EXECUTIVES, TO SEASONED BUSINESS OWNERS.**

It can even be said that the mind has a destructive aspect to it. Let's call this "the malicious ego" to distinguish it from Freud's ego, and Jung's ego, and even the way we frequently refer to the ego in every day terms as forms of conceit. This malicious ego can be said to be the cause of the destructive experiences we experience individually and collectively, i.e., as the cause of our nightmares, be they sickness and disease, poverty, abuse and violence, or war, and even the threat of nuclear annihilation.

This guide will teach you the **THREE KEYS** to rewiring the subconscious thought patterns running the show behind your conscious mind. I'm about to share **THREE POWERFUL AFFIRMATIONS** that are proven to help you **SET BETTER GOALS, RELEASE LIFELONG SUCCESS BLOCKS BY UNDOING THE MALICIOUS EGO**, and **UNLOCK YOUR INNER GENIUS**.

# AFFIRMATIONS ARE THE KEY



Affirmations are statements made with the conscious mind to *unlock* subconscious patterns. Saying your affirmations aloud daily, with consistency and repetition, will train your subconscious mind to accept your affirmations as *true*. The best time of day to do your affirmation work is twenty minutes before you fall asleep and right after waking in the morning. Below are three very powerful keys (affirmations) to help unlock your subconscious mind and turn current challenges into aligned synchronicities that feel *miraculous*.

## KEY #1 | UNLOCK YOUR ABILITY TO SET GREAT GOALS

*I set and achieve clear, ambitious, and measurable goals.*



## KEY #2 | UNLOCK YOUR HARDWIRED BLUEPRINTS (PATTERNS)

*I am aware of and undo my negative blueprints.*



## KEY #3 | UNLOCK YOUR INNER GENIUS

*I am aware of and use the guidance, strength, and plan of the Inner Genius (Universe, Spirit, Buddha, Jesus, Fore Brain, etc.), in what I think, say, and do.*





HOW TO USE THE  
KEYS TO UNLOCK  
YOUR MIND AND  
CREATE MIRACLES...



If you're serious about accelerating your inner transformation--so you can attract and achieve miracles in your life, business, and career--here's what you need to do:

*1. Adjust your daily routine to include affirmation times. True, sustainable change requires commitment and consistency. Training your mind is a life-long practice.*

*2. Memorize the above affirmations.*

*3. Use the worksheets on the following pages to supercharge your affirmations with clarity and purpose.*



IT'S THE REPETITION OF AFFIRMATIONS  
THAT LEAD TO BELIEF.  
AND ONCE THAT BELIEF BECOMES A DEEP  
CONVICTION, THINGS BEGIN TO HAPPEN.





# UNLOCK YOUR ABILITY TO ACHIEVE GREAT GOALS

*Directions | Repeat the affirmation below five times. Each time, breathe it deeper into your body so you begin to feel the energy of the words as you speak them. Then, answer the questions that follow. Feel free to type in the space provided. Use this worksheet as a guide for your daily affirmation work.*

*I set and achieve clear, ambitious, and measurable goals.*

List two very important business or financial goals you'd like to reach this year.

1.

2.

What are your top two personal goals this year?

1.

2.



## UNLOCK YOUR PERSONAL BLUEPRINTS FOR SUCCESS

*Directions | Repeat the affirmation below five times. Each time, breathe it deeper into your body so you begin to feel the energy of the words as you speak them. Then, answer the questions that follow. Feel free to type in the space provided. Use this worksheet as a guide for your daily affirmation work.*

### *I am aware of and undo my negative blueprints*

What two negative business and/or financial habits, patterns, or nightmares are you most determined to eliminate this year?

1.

2.

What two negative personal habits, patterns, or nightmares are you most determined to eliminate this year?

1.

2.



## UNLOCK YOUR INNER GENIUS

*Directions | Repeat the affirmation below five times. Each time, breathe it deeper into your body so you begin to feel the energy of the words as you speak them. Then, answer the questions that follow. Feel free to type in the space provided. Use this worksheet as a guide for your daily affirmation work.*

*I am aware of and use the guidance, strength, and plan of my Inner Genius, in what I think, say, and do.*

What are the top 3 practices (i.e., mindfulness, meditation, breath, prayer, etc.), you are committed to using this year to connect consistently with your Inner Genius for miracles in all areas of your life?

1.

2.

3.



ARE YOU ENJOYING THESE  
ADVANCED MIND-TRAINING  
TECHNIQUES?



*Online  
Course!*

ADVANCED MIND-  
TRAINING SELF-  
PACED STUDY  
COURSE  
(NIGHTMARES TO  
MIRACLES) FOR CEOs,  
EXECUTIVES & ONLINE  
BUSINESS OWNERS  
WHO ARE TIRED OF  
FEELING LIMITED BY  
MONEY & SUCCESS  
BLOCKS.

*Join the waiting list  
for this powerful course!*

## I'M DAVE ASOMANING, Ph.D.

For the past 30 years, as the founder of the leadership development firm **SynchroMind**, I've helped high-achieving CEOs, executives, and other leaders, design and achieve their business and personal aspirations with more clarity, ease, and joyful fulfillment.

In fact, through **SynchroMind**, some of my clients have, at various times, included me in events with President Obama, the Dalai Lama, and supermodel pioneer, Beverly Johnson, as well as in work and events with other top leaders and luminaries.

The **SynchroMind** approach utilizes the best of entrepreneurial, psychoanalytic, and spiritual disciplines available today.

I have a Ph.D. in the relationship between synchronicity and the miraculous in psychoanalysis and religion. Additionally, I have clinical training in psychoanalytic pastoral psychotherapy. Prior to becoming an executive coach, I practiced as a psychotherapist with individuals, couples and families, as well as groups and teams.

I can help you rewire your mind, so it's attuned to the incredible opportunities and options all around you. The next level of your success and fulfillment can feel so much easier to achieve.

Let me show you how!





# THE SYNCHRONISTIC CEO SOLUTION

ADVANCED MIND-TRAINING FOR MIRACLE SUCCESS

Over the past 30 years, working with hundreds of CEOs, executives and business owners, I've learned that high-performers never stop feeling burdened by the limits of their subconscious patterns and blocks around business and personal success, and even some of their worst nightmares.

As part of The SYNCHRONISTIC CEO SOLUTION, "Nightmares to Miracles" is a self-paced, take-it-with-you, practice-daily, online course to help you retrain and align your mind with miracles--using the very best practices in pastoral psychotherapy, executive coaching, and leadership development.

**The lessons are easy to understand.  
The daily practices are simple to implement.**

If you've read every self-help book, tried expensive masterminds (with dismal results), worked with an inexperienced coach or consultant who didn't have a credentialed psychotherapy background (hence, no real understanding of how the mind actually works), then you'll enjoy the results you're able to create by finally unlocking the potential of your mind with "Nightmares to Miracles," a part of The SYNCHRONISTIC CEO SOLUTION.

Click here to join the waiting list for  
the "Nightmares to Miracles" online course.

*Next!* Join our free private Facebook group. We're an inspired and kind online community dedicated to helping people put the SynchroMind techniques to work right away--to transition from Nightmares to Miracles in any career or personal areas!  
[facebook.com/groups/miraclepreneurs](https://facebook.com/groups/miraclepreneurs)